



# MICROWAVE OVEN 20L

## INSTRUCTION MANUAL



### **IMPORTANT!**

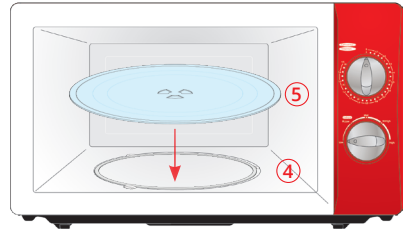
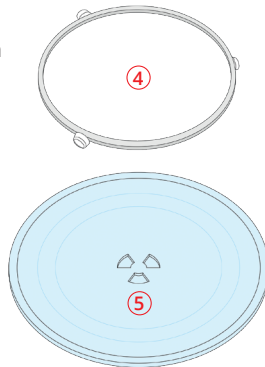
**Due to hot parts and potential hazards the appliance is not suitable for the use of children under 8 years old. Even when off please keep the appliance and cord out of the reach of children. Children over 8 must be supervised by an adult at all times when using or cleaning the appliance. This is not a toy! The appliance can be used by persons with reduced physical, sensory or mental capabilities if they have been given supervision and instruction and understand the use and hazards involved.**

**BEFORE OPERATING THIS UNIT, PLEASE CAREFULLY READ THE FOLLOWING INSTRUCTIONS.**

SQPC 5642-5643 09-10-18

## Features

- ① Time & Weight switch
- ② Power output switch
- ③ Door
- ④ Roller ring
- ⑤ Turntable



## Specifications

Rated voltage: **220-240V 50Hz**  
 Rated power: **700W**  
 Fuse type: **13AMP**  
 Rated capacity: **20L**

**Read the instructions and keep them safe. Remove all packaging before use.**

## IMPORTANT SAFEGUARDS

Follow basic safety precautions, including:

- 1 Read all instructions before using.
- 2 The microwave oven must only be used by or under the supervision of a responsible adult. Use and store it out of reach of children.
- 3 Do not immerse the microwave oven, cable, or plug in liquid. Do not use the microwave oven in a bathroom, near water, or outdoors.
- 4 Do not use the microwave oven for any reason other than preparing food.
- 5 Do not use the microwave oven when it is empty.
- 6 Route the cable so it does not overhang, and cannot be tripped over or caught. The plug has to be accessible within easy reach.
- 7 Do not touch hot surfaces.
- 8 Always have the turntable and rolling ring support in place when using the microwave oven.
- 9 Do not cook any food surrounded by a membrane, such as egg yolks, potatoes, chicken livers, ready meals without piercing them several times with a fork.
- 10 Do not try to deep-fry foods in this microwave oven.
- 11 Do not cover the rear ventilation slots with cloths or paper. The cloths or paper may catch fire as hot air is evacuated from the microwave oven.
- 12 Remember that the food or liquid inside the microwave will be releasing some steam or will be spitting. Never cover any container fully, always leave a gap for the steam to escape.
- 13 Do not use any metallic cookware in the microwave oven.
- 14 Remove wire twist-ties from bags before placing in the microwave oven.
- 15 Do not overcook food, as this may cause fire in the microwave cavity.
- 16 Do not leave the microwave unattended while you are using it.
- 17 Do not look closely into the microwave oven when it is switched on.
- 18 Microwave oven could be harmful to persons wearing pacemakers.
- 19 Only use the accessories supplied by SQ Professional LTD.
- 20 If the door or the door seal is damaged, the microwave oven must not be operated until it has been repaired by the manufacturer, its service agent or qualified person in order to avoid hazard.
- 21 If materials inside the oven catch fire, keep the microwave oven door closed, turn the oven off at the wall switch, or shut the power off at the fuse or circuit-breaker panel.

**FOR HOUSEHOLD USE ONLY**

## Avoid exposure to excessive microwave energy

Failure to observe the following safety precautions may result in harmful exposure to microwave energy.

- 1 Under no circumstances should any attempt be made to operate the microwave oven with the door open or to tamper with the safety interlocks (door latches) or to insert anything into the safety interlock holes.
- 2 Do not place any object between the microwave oven door and front face or allow food or cleaner residues to accumulate on sealing surfaces. Ensure that the door and door sealing surfaces are kept clean by wiping after use first with a damp cloth and then with a soft dry cloth.
- 3 It is important that the microwave oven door closes properly and that there is no damage to the door, power cable, door hinges, and door seal.

## Installing your microwave oven

- 1 Remove all the packaging materials inside the oven. Install the roller ring and turntable.
- 2 This microwave oven weighs approximately 10kg so you must put it on a horizontal surface that is strong enough to support this weight.
- 3 The microwave oven must be placed away from high temperatures and steam or damp surroundings.
- 4 Make sure there is adequate ventilation for your oven by leaving at least 10cm of space behind and, on the sides of the oven and 20cm of space above and 85cm of the floor.

## Operating instructions

Note: Microwave oven will start cooking food once the timer is turned.

- 1 Put the food to be cooked or defrosted in a suitable microwave safe container, onto the glass turntable in the oven and close the door.
- 2 Turn Power Control knob to correct required power level.
- 3 Select correct cooking time by using timer. If cooking time is less than 5 minutes, turn the timer past the 5 minutes mark and then return to the correct timing.

- 4 Turn timer to zero position. If the door of oven is opened during cooking, the microwave oven will automatically stop working, the cooking will continue after closing the door.
- 5 Always return timer back to zero position when food is removed from oven.

LOW	<b>17% power output</b>
MEDIUM LOW	<b>36% power output</b>
MEDIUM	<b>55% power output</b>
MEDIUM HIGH	<b>77% power output</b>
HIGH	<b>100% power output</b>
DEFROST	<b>36% power output</b>

## Care and maintenance

Caution: do not use abrasive, harsh cleaners or scouring pads on any part of your microwave oven. Do not remove the waveguide cover.

### Oven exterior

- 1 The outside of your oven can be cleaned easily with damp cloth, and polish with a soft dry cloth.
- 2 Use a damp cloth, gently wipe the panel until it becomes clean. Avoid using excessive amounts of water to clean the oven control. Do not use any sort of chemical or abrasive cleaner.
- 3 To remove all trace of dirt, regularly clean both sides of the door, the door seals and sealing surfaces with a soft, damp cloth.

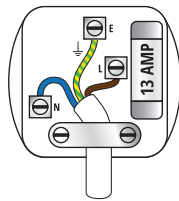
### Oven interior

- 1 For cleaning, wipe any splatters or spills with a soft damp cloth or sponge after each use while the oven is still warm. For heavier spills, use a mild soap and wipe several times with a damp cloth until all residues are removed.
- 2 Make sure that mild soap or water does not penetrate the small vents in the walls which may cause damage to the oven.
- 3 Wash the turntable and rolling ring support in mild soapy water.
- 4 Remove odors from your oven by combining a cup of water with the juice and skin of one lemon in a deep microwaveable bowl. Microwave for 5 minutes, wipe thoroughly and dry with a soft cloth.

MICROWAVE SAFE	COOKWARE	MICROWAVE SAFE	COOKWARE
NO	Aluminium foil	YES	Fine glassware
YES	Browning plate	YES	Glass jars
YES	China & earthenware	NO	Metal dishes
YES	Disposable polyester	NO	Freezer bag twist ties
YES	Cardboard dishes	YES	Paper plates, cups & napkins
NO	Paper bags or newspaper	YES	Plastic containers
NO	Metal trim glassware	YES	Cling film
YES	Oven to tableware glass	YES	Microwaves safe freezer bag

### Wiring instructions - UK plugs only

The product must be earthed. It has a **13A BS1362** fuse in a 13A BS 1363 plug. To replace the plug, fit the green-yellow wire to **⊕** or **E**, blue wire to **N** and the brown wire to **L**. Fit the cord grip. If in doubt, call an electrician. Do not use a non-wireable plug unless the fuse cover is in place. If you remove the plug, dispose of it.



### Environmental protection

To avoid environmental and health problems due to hazardous substances in electrical and electronic goods, appliances marked with this symbol (WEEE) must not be disposed of with unsorted municipal waste, but recovered, reused or recycled.



### Service

If you ring Customer Service, please have the **Model No.** to hand, as we won't be able to help you without it. The product is not user-serviceable. If it is not working, read the instructions, check the plug fuse and main fuse/circuit breaker. If it is still not working, consult your retailer. If that does not solve the problem – ring Customer Service – they may be able to offer technical advice. If they advise you to return the product to us, pack it carefully, include a note with your name, address, day phone number, and description of the problem. If under a warranty, say where and when it was purchased and include proof of purchase. Send it to SQ Professional Ltd.

### WARRANTY

THE WARRANTY FOR THIS PRODUCT IS COVERED BY SQ PROFESSIONAL LIMITED. ANY FAULTS WITH THIS PRODUCT ARISING THROUGH A MANUFACTURER DEFECT WILL BE COVERED FOR 1 YEAR FROM THE DATE OF PURCHASE, SUBJECT TO A VALID PROOF OF PURCHASE BEING PRESENTED. THIS DOES NOT INCLUDE FAULTS OR DAMAGE CAUSED BY MISUSE OF GENERAL WEAR AND TEAR. PLEASE CONTACT CUSTOMER SERVICES ON 01992 716 070 OR INFO@SQPROFESSIONAL.COM, MONDAY TO FRIDAY FROM 09:30 - 17:30. THIS DOES NOT AFFECT YOUR STATUTORY RIGHTS.



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